

# Prince Rupert Community Mental Health Resources for Children, Youth and Families

## North Coast Transition Society

Includes:  
Sexual Abuse  
Intervention Program (SAIP)  
and Family Counselling  
250 627 8959

## Friendship House

Includes:  
Youth Inclusion and  
Street Spirit Programs  
250 627 1717

Kid's Help Phone  
1 800 668 6868

## Northern Health Crisis Line

Immediate free and confidential emotional support, crisis intervention and community resource information to people of all ages 24hrs a day, everyday  
Northern BC Crisis

Centre:  
1 888 562 1214  
BC Wide Crisis Line  
1 800 784 2433  
Youth Crisis Line  
1 888 564 8336

## Child and Youth Mental Health (6-18yrs)

Ministry of Child and Family Development  
Suite 580, 309 2nd Ave West  
Prince Rupert, BC  
250 624 7536

Walk- In Clinic Intake:  
Tuesdays 1-3pm  
Thursday 9-11am

## Online Resources

mindcheck.ca  
openmindbc.ca  
anxietybc.com  
anxietybc.com/resources/mindshift-app  
championsforcommunitywellness.com  
heretohelp.bc.ca  
keltymentalhealth.ca  
northernyouthonline.ca  
youthinbc.com

## North Coast Community Services

Includes:  
Children Who Witness Abuse Program  
710 Fraser St.  
Prince Rupert  
250 627 7166

## The F.O.R.C.E. Society for Kid's Mental Health

Toll Free: 1 855 887 8004  
Leave a message with your name and community  
The FORCE mandate is to support and empower families and work collaboratively with professionals and systems in understanding and meeting the mental health needs of families  
forcesociety.com

## Northern Health Youth Addiction Program

300 3rd Ave W  
Prince Rupert, BC  
250 622 6310

## KUU-US Crisis Line Society

1 800 588 8717

Brought to you by the Prince Rupert Local Action Team as part of the Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative, a partnership of Doctors of BC and Ministry of Health



Prince Rupert Local Action Team  
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